

# experienceguildford™

## Newsletter

### September 2019

#### Indie Spot of the month!

Welcome to V Café at The Guildford Institute!

**"We would like to introduce ourselves as Nick and Ian, from Not Just Hummus! We met at school, have been best friends ever since and both have an extensive background in catering, which includes roles at KPMG, The Savoy and Claridge's.**

As the new Chef at V Café, our aim is to carry on the long legacy of providing scrumptious, freshly cooked vegetarian and vegan food in The Guildford Institute's historic Assembly Room. A tradition stretching back over 30 years. Embarking on this new challenge is very exciting for us and we are looking forward to building a great relationship with the people of Guildford."

Open every weekday, 9am-3pm (lunch served 12pm-2pm).

Follow us on Twitter, Instagram & Facebook: [@vcafeguildford](#).



#### Care & Consideration with a Smile

**Care & Consideration with a Smile is a new charity, set up by Julie Luxton, Founder and one of the trustees.**

The aim of the charity is to help people with a hidden disability, live as normal a life as possible. Julie says "These people need occasional extra help & we're going to provide it with practical help and through awareness & fundraising.

To start with, the charity will be Guildford, Surrey/Sussex/Hampshire borders based but the ultimate aim is to take it nationwide and to help as many people as possible.

We have designed 2 badges, one for people with a hidden disability (badge A) and another for our supporters (badge B).

With raised awareness of our badges, a person with a hidden disability (wearing BADGE A) will be discreetly recognised as someone who may just need a little extra care & consideration in everyday circumstances...such as at the supermarket checkout, when boarding a bus, and in many other situations.

The supporters are recognised because they wear the supporters badge (BADGE B) and we are proud to say that we already have all the Arriva bus drivers on board, wearing the supporters badge on their uniform (as part of their Arriva name badge). This means that anyone with a hidden disability can expect care & consideration and help from these drivers...whatever is needed.

Hidden disabilities include: Depression & Anxiety, Stroke,...in fact absolutely anything that cannot be seen, or that cannot always be seen."



#### Tell us about what terrifying things you have planned this Halloween!

**From creepy crafting to fright nights, let us know what you will be doing to make Halloween weekend totally Spooktacular so that we can promote your event as part of our Ghoulish Guildford campaign.**

Email [sasha@experienceguildford.com](mailto:sasha@experienceguildford.com) with all the details of what you've got going on.

#### Freshers' Fair 4 October 2019

**Would you like us to get your student offers out there for you? Thousands of students attend this so it's a GREAT opportunity to get your students offers out there through us...you don't even need to be there!**

We have booked a stand at the Freshers Fair at the University of Surrey again this year after such a successful event last year, so if you have any marketing collateral you would like us to display or give out for you at the event then please ensure we have received it by **Friday 27 September 2019**.

If you have any questions please email [sasha@experienceguildford.com](mailto:sasha@experienceguildford.com)

#### Greener Guildford – River Clean Up

Plastic Free Guildford have organised a September River Clean up starting at Millmead Lock 10am on 22 September. There are two routes available and all are welcome to join for a coffee or lunch afterwards in The Britannia! For further details email [sasha@experienceguildford.com](mailto:sasha@experienceguildford.com).



[www.experienceguildford.com](http://www.experienceguildford.com)

## Little Book of Offers 2019

The Little Book of Offers is a Christmas voucher book, designed by Experience Guildford to drive footfall in to the town and give everyone an extra reason to do their Christmas shopping in Guildford.

The book has historically been made up of offers from 100+ town centre businesses across the retail, food and drink and leisure and lifestyle categories. The vouchers are divided up in to these categories for ease of navigation. There is also an alphabetic offer directory at the front of the book, so shoppers can find your business quickly.

The launch of The Little Book of Offers ties in with the Guildford Christmas Lights switch on event and the start of Thursday late night shopping. This year the launch will be Thursday 21st November.

We will be distributing info sheets/ booking forms and collecting offers throughout the month of September, with a submission deadline of Friday 27th.

For more information, please email [olivia@experienceguildford.com](mailto:olivia@experienceguildford.com).

## Regular Events

**Every Monday:**

Live flamenco music, De Nada

**Every Tuesday:**

Run Club, Lululemon

**Every Wednesday:**

Free Tea's for Those in Need, The Cosy Club

**Every Thursday:**

HarSPA Running Club, Guildford Harbour Hotel

**Every Friday:**

Medical Herbalist Peter Protopapa Jones, Food For Thought. Appointment required.

**Every Saturday:**

Gavin & his Guitar, The Tup

## Pub quizzes

**Every Monday:**

The Kings Head, Quarry Street

**Every Tuesday:**

The Royal Oak, Trinity Courtyard

**Every Thursday:**

The Three Pigeons, High Street

**Every Month:**

• Pie, Mash & Quiz, G Live, London Road

• 4th Thursday - #GuildfordBuzz Launch, Tunsgate Quarter

## Deaf Awareness & British Sign Language (BSL) Training Session

Deaf Awareness and British Sign Language tasters will be a perfect way for town centre businesses to improve accessibility. Knowledge of the challenges deaf customers face and learning a few BSL phrases to greet and assist shoppers will go a long way to make people feel welcome

Most of the session will be spent teaching and practising BSL signs and phrases.

Fingerspelling is useful - for names and if a person doesn't know the sign for something.

Meeting and greeting e.g. Hello, Good morning, Can I assist you? Are you looking for something? Please / Thank you etc

Numbers - for payment. Giving directions.

The session will be taught in BSL, interpreted into English so attendees can immerse themselves in BSL and ask questions to someone who can answer from personal experience.

Wednesday September 25th 9.00am - 12pm and Tuesday October 22nd

8.00 - 11.00am are the dates and times of the sessions. Please email [sasha@experienceguildford.com](mailto:sasha@experienceguildford.com) to book a place. Spaces allocated on a first come, first served basis.

## Counter Terrorism Seminar

We are delighted to announce that South East Counter Terrorism Unit (SECTU) have teamed up with Experience Guildford and Pubwatch to host a seminar to raise awareness about terrorism attacks and strengthen the knowledge required to improve Guildford's night time economy's response to the threat of terrorism.

Terrorism strikes have changed considerably over the past few years and this will be the perfect opportunity to learn the new tactics employed and how to act in the situation should it occur.

We will be hosting the event on October 3rd at G-Live from 2pm until 4pm

This free event is open to all in the Guildford licenced trade (Bars, pubs, clubs and restaurants) and if you would like to book your spot then please contact [pete@experienceguildford.com](mailto:pete@experienceguildford.com) to confirm.

Alternatively please call Pete Lambert on **07711408142** for more information.

## Dates for the Diary

3 – Guildford Farmers' Market, High Street

5 – The Beat Freaks Duo, Pizza Express

6 – Dylan LeBlanc, The Keep

7 – Community Safety Day, Holy Trinity Church

6-7 – Guildford Beer Festival, G Live

8 – Guildford Antique & Brocante Street Market, High Street

8 – Yoga for Menopause with Sarah Spear, Red Hot Yoga

10 – Dinner with David Campese, Guildford Harbour Hotel

12 – The Smyths, The Boileroom

12 – Decked Out Christmas Showcase, Guildford Harbour Hotel

14 – Diploma in Teaching Pilates

Training Course, Fitness Space

14 – 80's Mania, G Live

16 – Little Women, The Electric Theatre

19 – Psychedelic Band Night, The Star Inn

22 – September River Clean Up, Millmead Lock

23 – Open Mic Night, The Electric Theatre

25 – Andy Bennett (Ocean Colour Scene), The Boileroom

27 – MacMillan Coffee Morning, Growlers & Cans

29 – Distinguished Gentleman's Ride, High Street

