

experienceguildford™

Newsletter

December 2019

Indie Spot of the month!

Secret Garden!

Secret Garden is a family florist based right in the heart of Guildford in Angel Gate.

"We are proud to be in Guildford and excited about going into our third year and making a difference to the town centre.

All our hand tied bouquets are beautifully put together and are available to pick up and go or made to order, we offer free delivery to GU1 post codes.

Please call us first if you need flowers for a special function, wedding or funeral we will be happy to help. Corporate work and weekly flower vase arrangements are also available.

With Christmas coming soon we will have beautiful wreaths, garlands and decorations in the shop come in and take a look, lots of sparkle going on!

Visit our shop to discover many unique potted plants, gifts, cards and alcohol you will be pleasantly surprised.

Hope to see you all soon!"

Open 9am-5pm Monday – Saturday and 11am-5pm Sunday.



Healthy Guildford Day

April 17 2020

We are working with Guildford Borough Council planning the second 'Healthy Guildford Day' and are starting to approach businesses in the town centre who provide health, wellbeing and fitness services to get a sense of who might be up for running complimentary taster sessions, check-ups or treatments during the day for people who live or work in the town centre.

Based on feedback following last year's event, we are exploring additional marketing investment and have moved the date to take place during Easter holidays to be able to appeal to a wider audience and include families as well as town centre workers.

If this is something you would like to take part in, please email sasha@experienceguildford.com detailing the activity you would like to run or for further information.



DOT Sign Language

22 January 2020 is the next class!

If you are interested in attending this 3 hour session on 22 January 2020 10am-1pm please email sasha@experienceguildford.com or if there are any other courses you would like us to look into (eg health & safety, defib training, visual merchandising etc), please let Sasha know!

All of these courses will be held at our Experience Guildford office.

FREE Training courses

Would you or your staff like to book onto any of the following?

Mental Health Awareness

19 March 2019

9am-1pm.

You will learn -

- What mental health is, why people develop mental health conditions and the role of a First Aider for mental health,
- How to provide advice and practical support for a person presenting a mental health condition,
- How to recognise and manage stress,
- How to recognise a range of mental health conditions.

First Aid Training

FAA Level 3 Award in Emergency First Aid at Work

Valid for 3 years.

27 February and 30 April 2020 are the next sessions available.

8.45am-3.15pm.

Guildford BCRP Exclusion Scheme

Experience Guildford are working with Surrey Police to bring in an Exclusion Scheme to the town centre to tackle shoplifting and low level anti-social behaviour.

This will work in conjunction with the DISC reporting system and will be a two tier order which will provide first of all a written warning for anyone committing ASB in the town. This can be actioned by any member of the Guildford Business Crime Reduction Partnership who will have onsite warning letters and the warning will be handed to the perpetrator. This will explain that their details and photograph will be shared with all the town centre businesses that are signed up to the scheme.

If the perpetrator is issued a second warning then they will be banned from all participating members of the scheme for a period of up to 24 months depending on the severity of the offence. The ban will include shops, pubs, clubs, restaurants as well as the possibility of bus services, taxi and private hire cabs.

Partner agencies such as the Police (including CCTV) and local authorities will also be advised of the incident for information and intelligence purposes.

Experience Guildford will be looking to form a Guildford Business Crime Reduction Partnership Committee in due course and to write up a constitution for our members.

If you want to know more about the scheme or are interested in joining the committee then please contact Pete Lambert on **07711408142** or email **pete@experienceguildford.com**



Samaritans is there for anyone who is going through a difficult time

It is fantastic that mental health is a subject more and more people are open to talking about. The problem can be finding someone to talk to.

You don't want to be judged. You might be concerned how your boss, your family, your partner might react.

That's where Samaritans come in.

Samaritans is a charity and their volunteers are available 24/7, 365 days of the year to listen. Their service is completely confidential. Whatever you're facing, they are there to listen, to help you find your own way through it. Samaritans is there for anyone who is going through a difficult time.

Call them on 116 123 or email jo@samaritans.org or visit the branch at 69 Woodbridge Road 12:00 – 21:00 daily.

Whatever you are facing, you don't have to face it alone.

Regular Pub Quizzes

Every Monday

– The Kings Head, Quarry Street

Every Tuesday

– The Royal Oak

Every Thursday

– The Three Pigeons

Every Month

– Pie, Mash & Quiz, G Live

(Please check directly with the venue for December!)

Regular Events

Every Monday - Live flamenco music, De Nada

Every Monday - Yoga for Beginners, Red Hot Yoga

Every Tuesday - Run Club, Lululemon

Every Wednesday - Free Tea's for Those in Need, The Cosy Club

Every Thursday - HarSPA Running Club, Guildford Harbour Hotel

Every Friday - Medical Herbalist Peter Protopapa Jones, Food For Thought.

Appointment required.

Every Saturday - Gavin & his Guitar, The Tup

Every Saturday - Yoga for Beginners, Red Hot Yoga

Every Month

Every 4th Thursday - #GuildfordBuzz, Tunsgate Quarter

Every 2nd Saturday - Guildford Repair Cafe, Park Barn Social Club

Recently Opened...

- India Jane – High Street
- Peak Performance – Market Street
- Love Brownies - Tunsgate
- Shooting Star Chase – High Street
- Waterstones – High Street

Coming soon...

- London Coffee House – High Street

We want your feedback! Look out for our stakeholder survey in the weekly eshot...

Dates for the Diary

- 1 – Surrey Pride: Winter Pride, The Electric Theatre
- 1 – Santa & his Elf, Tunsgate Quarter
- 2 – Open Day – Mince Pie Morning, Headway
- 2-16 – Bake & Take: Baking for Adults & Children, The Electric Theatre
- 3 – Guildford Farmers' Market, High Street
- 4 – Pie, Mash & Quiz, G Live
- 5 – Guildford Heritage Services Coffee Time Talks, Guildford House Gallery
- 6 – Warm up for Christmas with Academix, The Star Inn
- 6-5 January – Sleeping Beauty, Yvonne Arnaud
- 7 – Christmas at the Castle, Guildford Castle
- 7 – Small Business Saturday, Town Wide
- 7 – Castle Fine Art Christmas Party, Castle Fine Art
- 7 – Luxury Fragrance Mixology Experience, The Guildford Harbour Hotel
- 7-8 – Santa & his Elf, Tunsgate Quarter
- 8 – Santa's Christmas Countdown, The Electric Theatre
- 11 – The Diary of Anne Frank, Guildford School of Acting, Bellairs Theatre
- 12 – Creatively Curious - Christmas Crafting, G Live
- 12 – Johnny Lloyd, The Boileroom
- 14-15 & 20-24 – Father Christmas Needs A Wee, G Live
- 14 – Back 2 Back Live, Cobbstar Bar & Restaurant
- 14-15 – Santa & his Elf, Tunsgate Quarter
- 15 – Rudolph Rave, G Live
- 15 – Antiques & Brocante Market, High Street
- 15 – The Mayor of Guildford's Christmas Concert, Holy Trinity Church
- 16-22 – Tunsgate Quarter Christmas Market, Tunsgate Quarter
- 17 – Guildford Special Christmas Farmers' Market, High Street
- 18 – Bach to Baby Concert, Guildford United Reformed Church
- 19-21 – The Wind in the Willows, The Electric Theatre
- 19 – Hell Fire Comedy Night, G Live
- 21 – Saturday Family Fun Morning: Victorian Christmas Decorations, Victorian Schoolroom, 39 ½ Castle Street
- 21-22 – Santa & his Elf, Tunsgate Quarter
- 21-26 – The Night Before Christmas, The Mill Studio, Yvonne Arnaud
- 31 – NYE Party, Growlers & Cans

