

# experienceguildford™

## Newsletter

### April 2019

#### Indie Spot of the month!

##### Growlers & Cans

**Guildford's first craft beer tap room and bottle shop opened just over a month ago and is already proving a popular place for craft beer fans and those seeking an intimate and friendly drinking spot. Growlers & Cans has six rotating taps of craft beer with more on its shelves and in its fridges. If craft beer isn't your thing, the shop also boasts an impressive artisan gin collection and also sells wine and fizz.**



Local couple Charlie and Maxine Martin who run the shop have also started selling cheese and charcuterie from Partisan Deli and Redber Coffee (both Guildford based Independent shops).

The shops name refers to Growlers, which is a US term for a re-suable bottle to take your favourite craft beer home in, the shop sells Growlers meaning customers are able to take home either 1 litre or 2.5 litres of their favourite beer to be enjoyed in the comfort of their own home.

**The shop is open Tuesdays and Wednesdays 12pm - 8pm, Thursday to Saturday 12pm - 10pm and on Sunday 12pm - 4pm.**

[www.growlersandcans.com](http://www.growlersandcans.com)  @growlersandcans  @growlersandcans  @GrowlersandCans

#### Guildford in Bloom Hanging Baskets

**Once again, we are teaming up with Guildford in Bloom to offer town centre businesses hanging baskets, which will be delivered in June and in-situ until the end of August.**

We are paying for 40 in total and will allocate these on a first come, first served basis. To reserve yours, email [sasha@experienceguildford.com](mailto:sasha@experienceguildford.com).

Businesses must be able to supply and fit their own brackets to hold the baskets. This excludes streets already provided for by Guildford Borough Council.

#### Best Bar None

**Experience Guildford are proud to announce that 40 venues have signed up for Best Bar None 2019.**

Best Bar None is an accreditation scheme supported by the Home Office and the drinks industry which promotes the safe sale of alcohol as well as making sure that venues are procedurally on top of their game thus being a desirable place to go for a safe night out.

The scheme was piloted in Manchester in 2003 and found to improve standards in the Evening and Night Time Economy, with premises now competing to participate. It has since been adopted by 75 town and cities across the UK and is now being taken up internationally.

Best Bar None also is a major contribution to Guildford's Purple Flag which is awarded for the town as a whole being a safe and vibrant destination to come to for an evening or night out and having this many venues taking part in the scheme only cements this status.



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[www.experienceguildford.com](http://www.experienceguildford.com)

## Healthy Guildford Day

Friday 26 April 2019

Whether you're looking to work up a sweat, have a simple health check, or find out more about how you can take small steps to make your life a whole lot healthier, then attending Guildford's new 'Healthy Guildford Day' should be on your agenda. A collaboration between Guildford Borough Council and Experience Guildford in support of 'On Your Feet Britain', a national campaign that aims to encourage people to **#SitLess** and **#MoveMore** by participating in a variety of fun and simple activities.

There are heaps of events and activities to get involved with for Healthy Guildford Day taking place throughout the town. From outdoor exercise sessions in the castle grounds led by Turnfit, a range of free taster classes at Paola's Body Barre Studio and a free health MOT at Field of Fitness to name just a few. You'll also find great nutritional advice and healthy snack sampling at Food for Thought, plus some great tips on how you can also look your best from the team at Bobbi Brown.

This is just a warm up of all the great ideas and inspiration that can be found on the day. For more information of all the events involved with Healthy Guildford Day and details of how to book your healthy experience visit [www.experienceguildford.com](http://www.experienceguildford.com)

**Healthy Guildford Day** Friday 26th April

Town wide, throughout the day  
#HealthyGfordDay

This April Guildford Borough Council and Experience Guildford are working together with town centre businesses to put on the first Healthy Guildford Day!

From in-store sampling to Health MOTs, complimentary taster classes to giveaways, discounts and more, there'll be plenty going on to encourage residents, visitors and town centre workers to get on their feet, try something new and celebrate the thriving health and wellbeing industry in the town.

**Participating businesses:**

- TurnFitstudio
- Champneys Town & City Spa
- Kiehl's
- BusyTizzy Guildford & Godalming
- Paola's BodyBarre Guildford
- Field of Fitness
- Electric Bikes Guildford
- Castle Street Clinic
- GEEYOU.
- Decathlon UK
- SurreyHillsWellness
- Food For Thought Guildford
- Age UK Surrey
- Fitstuff
- Amor Amora
- Pho Guildford
- Gong and Tonic
- Specsavers
- Surrey Heartlands
- Bobbi Brown Cosmetics
- Surrey Hills Society
- LB Posture Training
- Skipton
- lululemon
- The White Company

And even more to be confirmed!  
Visit [www.experienceguildford.com](http://www.experienceguildford.com) for more information.

Aspire experienceguildford HEALTHY GUILDFORD DAY

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## Visit Surrey are delighted to announce the first EVER official Surrey Day!

Visit Surrey, working in partnership with Surrey Life Magazine and BBC Surrey, will be harnessing all that regional pride into one big day of celebration on the 4 May 2019

If you'd like to organise a special event, activity or offer at your venue for Saturday 4 May, please email [info@marketplace.uk.com](mailto:info@marketplace.uk.com) for further information!

## Guildford Goes Wild 1-2 June 2019

A weekend of wild activities on Guildford High Street as part of Surrey Wildlife Trust's 60th anniversary celebrations!

If you would like to be part of the wildlife trail or display something in your shop window, please register your interest with [sasha@experienceguildford.com](mailto:sasha@experienceguildford.com)

## New Openings Coming soon...

- Skin Clinic
- Theion

## Dates for the Diary

- 4 April – Mayor of Guildford's Volunteer Fair High Street
- 4 April – Russell Kane: The Fast & The Curious, G Live
- 5 April – Mumfest, Mary Ann Weeks
- 6 April – Little Riots, Guildford House Gallery
- 9 April – The Remains of the Day, Yvonne Arnaud
- 11 April – Eat Me, The Back Room of The Star Inn
- 15 April - 18 April – White Rabbit Easter Trail, town wide
- 16 April – LynchPin
- Productions presents Amelia, Electric Theatre
- 20 April – Guildford Gag House Comedy Club, The Back Room of The Star Inn
- 20 April – Make An Easter Basket, Guildford Museum
- 22 April – Michael McIntyre: Big World Tour Continued, Warm Up Show, G Live
- 26 April – Healthy Guildford Day, town wide
- 30 April – Sara Dowling and Nigel Price, The Electric Theatre Jazz Cafe

